




## Snow Sensory

Create an indoor snowy experience without all of cold! By using items from around the house (and in the pantry), you can bring a winter wonderland inside.

Sensory bins/trays give children the opportunity to use all of their senses to explore and play!



### Why?

- \*encourages body awareness
  - \*strengthens brain development, nerve connections and enhances memory functions
  - \*builds fine motor skills
  - \*encourages imagination and creativity
  - \*provides opportunities for language development
  - \*promotes self-regulation
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### How?

- 1) Add one cup of cornstarch and one cup of baking soda to a tray or shallow container and mix together.
- 2) Slowly add a small amount of a water. squeeze and mix with hands until desired consistency.
- 3) Add small toys, natural materials and items for scooping and pouring.



Watch Miss Jun create a sensory tray at home! <https://youtu.be/iPF3q1Epe-U>

