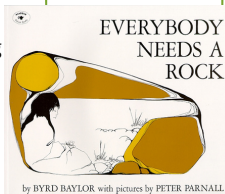


Rock Hunt

Children are wonderful at finding treasures in every day objects and often times it's things found in nature.

Based on the book "Everybody Needs a Rock" by Byrd Baylor, this activity is about not just finding any rock, but finding the rock that right for you!



10 Rules for Finding a Rock (adapted from "Everybody Needs a Rock")

- 1) Look for your rock anywhere - a mountain, a road, a path
- 2) Choose a rock when everything is quiet but if it's not, don't worry (you shouldn't rock hunt while worried)
- 3) Get close to the ground to look
- 4) Find a rock that's not too big
- 5) Don't choose one that's too small either - you wouldn't want to lose it
- 6) Find a rock that's the perfect size - easy to hold and fits in your pocket
- 7) Look for the perfect colour (you'll know)
- 8) Look for the perfect shape (again, you'll know)
- 9) Sniff the rock - each rock will have their own smell
- 10) Don't ask anyone to help you choose - you'll know that it's the one

Why?

- *encourages outdoor play and exploration
- *develops fine and gross motor skills
- *promotes self-confidence and individual choice
- *provides opportunity for language development and both science and math concepts
- *encourages flexibility and decision-making

