

Rhythm Sticks

- 1) Create opportunity for music and movement with rhythm sticks
- 2) Keep the beat while singing songs
- 3) Explore the different sounds you can make with objects outside and from around the house!



Why?

- *provides emotional release
- *develops understanding of rhythm, rhyme and sound
- *encourages language development
- *provides opportunity to learn about culture and traditions
- *promotes turn taking and sharing of ideas
- *develops motor skills and hand-eye coordination
- *promotes a sense of self-confidence

Materials needed:

You can make your own rhythm sticks with wooden dowels (these can be found in the craft section of most dollar stores); you can also use sticks or pieces of wood found outside (even rocks) or pencils.

- Find the beat (tap your sticks/rocks together either to the beat of a song or just for fun!)
- Have your child choose one of their favourite songs to sing together
- Tap your rhythm sticks
- Practice slow and quick, quiet and loud (compare the sounds and talk about which ones you like best)
- Have fun exploring music and movement together



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Little Raindrops Falling Down

(tune: London Bridges)

Little raindrops falling
down,
Falling down,
Falling down.
Little Raindrops falling
down,
Falling, falling to the
ground.

Rain is Falling Down

Rain is falling down
SPLASH!
Rain is falling down.
SPLASH!
Pitter, patter
Pitter, patter
Rain is falling down
SPLASH!

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